# ANNUAL

REPORT 2021







**Ms. Durga Thapa**Senior Vice-Chairperson
SEBAC-Nepal

### **FOREWORD**

I wish to express my gratitude to all associated with SEBAC-Nepal in these 25 years to achieve excellence.

Celebrating 25 years of excellence in the sector of community development, SEBAC-Nepal has achieved a milestone. SEBAC-Nepal has reached to 44 districts of Nepal and lead as the benchmark setter for many social development approaches. As an executive member of the organization, I am grateful to all the donor agencies, government line agencies, community organizations, community people, staff, and well-wishers for their continuous support & backstopping to walk this long. In these 25 years, we have made remarkable achievements in the sector of water, sanitation and hygiene, infrastructure development, nutrition and health, environmental conservation, and livelihood development of the people. At this moment our commitment towards the upliftment of societies and the nation building is at the utmost priority and will be sharing our learnings with partners, people, and government agencies for sustainable development.

Year 2021 was the year of hope for all of us, hope to raise from the impact of COVID-19, hope for better health, economy, and social development. Despite the impact of COVID-19 in 2021, SEBAC-Nepal has been able to contribute to social development and build the resilience of communities against the adversity of COVID-19.

Our development actions and initiatives were successful with the support and joint effort of all the stakeholders. We look forward to working together for social development.

Together we will make a difference.

### WHO WE ARE

SEBAC-Nepal is a national-level non-governmental organization (NGO) established in 1997 AD registered with District Administration Office and affiliated with Social Welfare Council.

#### STRATEGIC OBJECTIVES

- Enhance access of poor and vulnerable communities to safe, affordable, equitable, inclusive and sustainable WASH facilities to meet national targets in collaboration with government agencies and other stakeholders.
- Improve the living standards of women, marginalized, deprived, and disadvantaged communities through equitable and sustainable development interventions.
- Strengthen the capacity of partner organizations to deliver WASH and other development services effectively.
- Support needy communities for livelihood, food security and nutrition for achieving Sustainable Development Goals (SDG).



Establish equitable, well-developed, and judicious societies across the country.



#### **MISSION**

SEBAC-Nepal's overall mission is to improve the lives of children, women, and marginalized, deprived, and disadvantaged communities by ensuring their improved access to health, nutrition, sanitation, education, agriculture promotion, and income generation.



#### **OUR VALUES**

- Accountability
- Excellence
- **Empowerment**
- Team work
- Commitment to service
- Fairness
- Partnership



### OUR WORKING APPROACHES

- Leave no one behind
- **Participatory**
- Capacity Building
- Do no Harm

- Advocacy
- Empowerment
- Sustainability
- Social Safeguarding
- Transparency and Accountability

### **OUR THEMES**

### The major thematic areas of the organization are:



Water, Sanitation and Hygiene (WASH)



**Rural Infrastructure** 



Livelihood/ Agriculture/ Economic Recovery



Health, Education and Nutrition



Governance, Gender Advocacy and Empowerment



Disaster Risk Management (DRM), Natural Resources Management (NRM), and Climate Change

# **③** GEOGRAPHICAL COVERAGE



# WHAT COUNTED IN

25 Years

44 Districts

**O**6
Provinces

207
Rural Municipalities

24
Municipalities

Metropolitan Cities

## **ACHIEVEMENTS:** More than 3 Million People served

#### Construction of:

- 592 Drinking Water Supply Schemes,
- 963 Trail Bridges
- 1,242 KM of Rural road & 536 KM Foot Trails
- 12 School Buildings, 20 Irrigation Ponds
- 7 Health Care and 2 Women Health Facility Centers

Led 7 Districts to achieve ODF status, 5,000 Youths connected with OJT, 9,500 hectares of land irrigated through 385 irrigation canals.

#### **FUNDRAISING AND COLLABORATION**

Mobilized 1,560 Million Nepalese Rupees

in collaboration with:

- 7 Government agencies,
- 4 UN agencies,
- 4 Bilateral Agencies
- 14 INGOs and 10 Local NGOs



#### TEAMS

- 1,169 Employees Served Till Date
- 41 General Assembly Members,
- 7 Executive Members

#### **90 PROJECTS**

WASH-19

Livelihood/ Agriculture/ Economic Recovery-17

Rural Infrastructure-17

Health, Education and Nutrition-14

DRR/NRM/CC-6

Governance, Gender Advocacy and Empowerment-17

### **OUR ACHIEVEMENTS**

### Access to Sanitation and Hygiene for All (ASHA) Project













Duration:	January 2020 to December 2022
Resource Partner:	Dopper/Simavi
Beneficiary Population:	38,382
District Coverage:	Sindhupalchowk and Dolakha (covering 4 Urban and 11 Rural Municipalities)
Program Brief:	To enhance access to quality drinking water (construct new drinking water supply schemes and repair/rehab non-
	functional ones), improve sanitation status and hygiene behavior, strengthen local governance, strengthen sustained
	WASH behavior in schools and communities, and empower local women and socially excluded groups.

"Dhaule Paiyukharka Drinking Water Supply Scheme, Melamchi, Sindhupalchwok"



Local women interacting in the radio talk show program "Samudayik Aawaj"

- 7,414 people directly participated in an interactive radio talk show program "Samudayik Aawaj" (Voices of Nepal) in close coordination with local radios of Sindhupalchowk and Trac FM Netherlands. Around 300,000 people were aware of COVID-19 and WASH advocacy through a radio program.
- Construction of drinking water supply scheme at Melamchi-11
   Dhaule to provide safe drinking water to 23 flood-affected HHs in cost-sharing modality with Melamchi Municipality.
- Facilitated and sensitized 155 members from ward level committees
  of 29 wards on total sanitation / sustaining ODF through orientation
  and supported them with their WASH strategic plan.
- Advocacy on WASH governance done at Dolakha and Sindhupalchowk district where 5 women network group, 155 members from ward level committees of 29 wards, 305 health professionals, 6,595 women group members, and mothers were capacitated on total sanitation and different WASH components
- A total of 64 people were trained on kitchen garden management training prioritizing the use of wastewater.
- Clean and safe drinking water was provided to 3,737 students and teachers of 13 schools.

### Strengthening community resilience towards climate change

With the onset of the COVID-19 pandemic, the people of rural Nepal facing the impact of climate change were among the most vulnerable. With the loss of income opportunities and limited access to basic services, the challenge of food insecurity and livelihood options arises. Addressing the situation, the ASHA program of SEBAC-Nepal has come forward with the climate-resilient kitchen gardening training for the users of drinking water supply schemes constructed previously with the support of the organization. The objective of the training was to increase access of people to nutritious foods, protect indigenous knowledge, ensure proper management of grey waters, save expenses on vegetable purchase, provide extra income from selling of surplus vegetables and strengthen people's capacity to cope with the impact of climate change in agriculture and livelihood.

Saraswati Giri, aged 50, a resident of Chautara SangachowkGadi-11, Sindhupalchowk district has proven to be one of the principals of these home gardens. She lives with her husband, son, daughter-in-law, grandson, and granddaughter. She was married at a very young age and did not have opportunities to receive formal education. Her enthusiasm to learn and desire to work for the community led her with the opportunity to work as treasurer of the Patlekhola Pokhare drinking water supply scheme. As a WSUCs member, she participated in different capacity development trainings related to hand hygiene, operation of DWSS, safe use of water, etc.

"We have experienced irregular rainfalls, frequent occurrences of natural disasters, drying of water sources, an outbreak of diseases in humans and animals, impact of alien species and pests on agriculture, etc. in the last few decades. Identifying climate change as the root cause of the impacts, to build the resilient capacity of the community to cope with this global

phenomenon, water users committee members have identified a few actions to be carried out of which kitchen gardening appealed to all the members" says Saraswati.

When SEBAC-Nepal proposed two days of training on kitchen gardening, Saraswati got excited and actively participated in the learning process.

"I have implemented the knowledge gained and started kitchen gardening. Now I can cultivate organic green vegetables for my family and also earn by selling the surplus vegetables in the local market. As

people know that I am growing vegetables organically in my kitchen garden, I am receiving pre-orders. The increasing demand is now forcing me to produce more for the market. Though I can earn for my family selling the vegetables, I feel the satisfaction of harvesting hygienic and nutritious food for my family and also for the customers" says Saraswati when asked about this new experience.

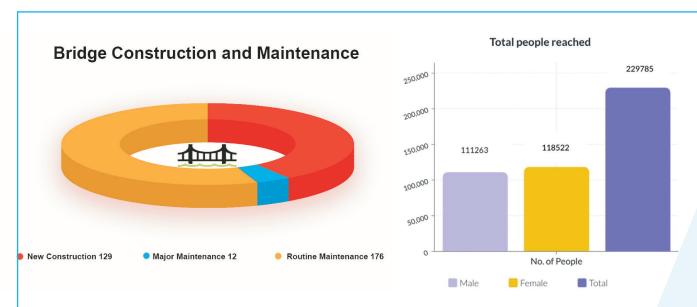
Ms. Saraswoti is planning to extend her kitchen garden and suggests all to establish kitchen gardens in their yard for nutritious vegetables.



### TRAIL BRIDGE SUB SECTOR PROGRAMME



Duration:	November 2014 to June 2021
Resource Partner:	Helvetas Swiss Intercooperation Nepal
<b>Beneficiary Population:</b>	1,043,231 population
District Coverage:	21 districts of Lumbini and Sudurpaschim Provinces (Darchula, Baitadi, Dadeldhura, Kanchanpur,
	Bajhang, Bajura, Doti, Achham, Kailali, East Rukum, Rolpa, Pyuthan, Dang, Banke, Bardiya, Gulmi,
	Arghakhanchi, Palpa, Kapilbastu, Rupandehi, West Nawalparasi)
Program Brief:	The Trail Bridge Sub-Sector Programme seeks to contribute towards poverty alleviation through people's
	improved access to basic services, economic resources, and opportunities by providing them with
	safe and improved river-crossing facilities. The program was implemented under the Trail Bridge Sector-
	Wide Approach Framework II (2014-2019) and Framework III (2020-2022) of the Government of Nepal.



- Completed new construction of 129, major maintenance of 12 trail bridges, and routine maintenance of 176 bridges.
- 267,002 person-days of employment generated throughout trail bridge construction in which 64% of people from the disadvantaged groups and 30% women were engaged.
- 229,785 people (Female: 118,522, Male: 111,263) of the program districts benefitted from access to mobility through the trail bridges.

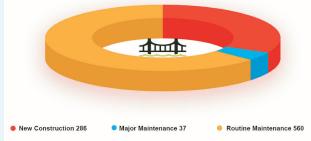
## TRAIL BRIDGE SUB SECTOR PROGRAMME

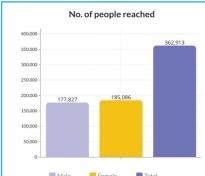
Duration:	May 2018 to November 2021
Resource Partner:	HELVETAS Swiss Intercooperation Nepal
Joint Venture with:	SEBAC-Nepal JV HuRENDEC-Nepal
Beneficiary Population:	280,884 population
District Coverage:	10 districts of Karnali Province (Humla, Dolpa, Mugu, West Rukum, Dailekh, Kalikot, Salyan, Jajarkot,
	Surkhet and Jumla)
Program Brief:	The goal of the Trail Bridge SWAp Framework- III is to contribute towards a prosperous Nepal, with
	equitable socio-economic development by strengthening all levels of the government to provide
	improved access to basic services and economic opportunities to rural communities, especially
	disadvantaged groups, by availing safer river crossings within one-hour detour.

### **KEY RESULTS OF 2021**

- Completed new construction of 286, major maintenance of 37, and routine maintenance of 560 trail bridges.
- Load Test of 2 Short Span Trail Bridge (SSTB), one at Dailekh and another at Salyan was conducted and passed.
- 283 trail bridge user committees formed.

### **Bridge Construction and Maintenance**





- 362,913 people (185,086 females and 177,827 males) of the program districts benefitted from access to mobility through the trail bridges.
- **595,111** person-days of employment generated throughout trail bridge construction in which 57% of people from marginalized communities and 43% women were engaged.



Sersom Bridge, Karnali

### **Development through connectivity**

Tuin is the lifeline for many people of Nepal. Tuins is used for crossing the rivers to access market, schools, health centers, agriculture, and other daily activities. Though tuin is making life easier, it's riskier too. Children, pregnant women, patients, and elderly people are the most at risk and many have to sacrifice their life and loss body parts due to accidents while crossing rivers in these tuins.

Mr. Min Bahadur Budha, a resident of Chamundabindrasini Municipality worked as a tuin operator for a year at Amalatadiya tuin connecting Chamundabindrasini municipality of Dailekh and Turmakhad Rural Municipality of Achham district. He remembers working as a tuin operator where he had witnessed the death of two villagers while crossing the river with the help of a wooden boat and share the horrible memory where three locals including himself had lost their fingers while operating and using tuin.

Like Min Bahadur Budha, many people have lost their body parts and also their lives while crossing rivers. Supporting the government's vision of replacing tuins with technically safer bridges, with the support of TBSU/Helvetas, SEBAC-Nepal provided technical assistance to replace-33 tuins with safer bridges at Lumbini, Karnali, and Sudurpaschim Provinces including the one at Amalatadiya. These bridges not only provide safe and easy mobility for locals to cross the rivers but also provide the opportunity for education, provide market linkages for agriculture products, connect them with quality health facilities and help to grab job opportunities.

SEBAC-Nepal has replaced 33 tuins in total (11at Karnali Province: 12 at Sudurpachim Province & 10 at Lumbini Province) with trail bridge supporting government plan to develop tuin free nation.

"I would have all my fingers at my hand if Trail Bridge was constructed earlier.

Happy to find the trail bridges constructed and see children's going to schools with ease using them."

Mr. Min Bahadur Budha

### **SUAAHARA II PROGRAM**

**Duration:** April 2016 to July 2022

**Resource Partner:** USAID/ Helen Keller International/CARE

Nepal

**Beneficiary Population:** 44,917 Households

**District Coverage:** Achham district (covering 4

Municipalities and 6 Rural

Municipalities)

**Program Brief:** The initiative is dedicated to

improving the health and nutrition of children and mothers of children who fall within the 1000 days, i.e., from conception until a child reaches 24 months of age. It contributes to achieving the goals set by the Multi-Sector Nutrition Plan of Nepal. It has also supported the government to expand health and nutrition services for adolescents in Achham district.



### **KEY RESULTS OF 2021**

- Self-Applied Technique for Quality Health (SATH) tool implemented in 20 Health Mothers' Groups.
- Health and nutrition messages were disseminated to 21,427thousand days mothers and family members through 2,184 life events and 213 food demo events.
- 171 Village Model Farmers (VMFs) promoting Kitchen Gardening at the community level.
- 1,451 households got vegetable seeds for 1,000 days mother to minimize negative impacts of disrupted agricultural input supply chain due to COVID-19 pandemic crisis.
- COVID-19 safety measures along with health and nutrition messages were provided to 12,992 HHs through mobile tele
  counselling.
- 321 health Staffs of local level oriented on Community Health Score Board (CHSB) tool. Ramaroshan rural municipality implemented this tool in all 7 health facilities.
- On-site coaching services were provided at 39 health facilities for 211 health workers to enhance their knowledge and skills in nutrition and health.
- 4 events of "Regular Functioning of Municipal-Level Nutrition and Food Security Steering Committee (NFSSC) meetings were
  conducted to advocate for nutrition and guide local-level action plans for

sensitive activities.

Invited by the local government to share the program's expertise on Nutrition,
 GESI, and nutrition sensitization plan during the local level planning period

improved /sustained implementation of both nutrition-specific and nutrition-

- 941 Health Mothers Group was reformed and activated at all wards of Achham district.
- 941 FCHVs and 91 Health Facilities got supported with PPE materials during the COVID-19 pandemic.
- A total of 5 municipality-level COVID-19 consultative meetings were conducted.
- 114 Tole Committees were formed which mobilized 570 members and reached 33,657 households to spread information on the prevention of COVID-19 by breaking its chain of transmission.
- Support to Health Office Achham for COVID-19 immunization campaign



Village Model Farmer Mr. Chetana Thakulla growing vegetables in plastic tunnel

### Entrepreneurship skills for economic development

Gaura Kadayat aged 23 is a resident of Panch Dewal Binayak Municipality of Achham district who lives with her son and husband. Her husband was the sole breadwinner for the family and the income was insufficient to fulfill the needs of the family. To support her husband in family income, she decided to utilize the sewing knowledge she had acquired through training before her marriage and started a grocery store with a sewing machine.

Menstrual Hygiene Management (MHM) training, organized by SEBAC-Nepal/ SUAAHARA program with key objectives to educate communities on the importance of menstrual hygiene management and promote local solutions to hygienic, affordable and environmental friendly menstrual products. From the training, I learned the importance of menstrual hygiene and gained the skill to produce reusable sanitary pads. Along with the soft skill of producing reusable sanitary pads, training on entrepreneurial skills was provided which capacitated them on starting a business, providing marketing skills, and was able to declare the right price of the product.



I started making sanitary pads with locally available fabrics and started selling them to girls and women in my community. With time, the demand increased and so did my income. Most of the girls and women in the community buy sanitary pads from me. Good times seem to have come back," says Gaura, smiling as she takes a break from stitching.

Along with the production of reusable sanitary pads, the entrepreneurs are also educating girls, women, and community leaders about the importance of safe and hygienic menstrual hygiene management and are working to end menstrual taboos.

#### "MHM training empowered Gaura to break the silence regarding menstruation in her community."

"Initially, women hesitated to buy pads from me as they felt uncomfortable to talk about menstruation with others and were unaware about the safe and hygienic menstrual products available in the market" says Gaura. To motivate and aware people about the use of safe and hygienic menstrual products she has started to distribute free reusable sanitary pads to economically poor customers visiting her to sew clothes along with counseling on safe menstrual hygiene products. Gaura sells reusable sanitary pads at an economical price of NPR. 30 per piece. This helped her in generating good revenue from her business as people repeatedly visit her for sewing their clothes. Last year she was able to sell more than five thousand sanitary pads.

Manisha Kadayat, an adolescent school student shares that she feels reusable sanitary pads produced by Gaura to be more comfortable and economic. She also encourages other girls to use them. Gaura and many other entrepreneurs are working in rural communities as role models showing us how the little resources available can be utilized to motivate others and create enabling environment where every menstruating girl and woman can manage their menstruation with dignity.

### **BLANKET SUPPLEMENTARY FEEDING PROGRAM (BSFP)**

**Duration:** September 2021 to November 2021

**Resource Partner:** World Food Programme (WFP)

**Beneficiary Population:** 25,077 beneficiaries (9,123-Pregnant and lactating women & 15,954-children of 6-23 months of age)

PLW and children

**District Coverage:** 12 Rural/Urban municipalities of Kailali and Kanchanpur districts.

**Program Brief:** The program aims to prevent malnutrition among flood and COVID-19 affected children of 6-23

months of age and Pregnant and Lactating Women (PLW). Further BSFP aims to prevent deterioration of Moderate Acute Malnutrition (MAM) in children aged between 6-23 months into Severe Acute Malnutrition (SAM) and enhance knowledge of nutrition education and feeding practices among the

targeted mothers and caregivers.

- 150.462 MT of specialized nutritious food-Wheat Soya Blend with Sugar (WSB+) distributed to 25,077 beneficiaries of Kailali and Kanchanpur districts through 102 distribution sites and 13 door-to-door events.
- 9,123 PLW and 15,954 children of 6-23 months directly benefitted
- 946 Social and Behavioral Change Communication (SBCC) sessions organized



Beneficiaries receiving Wheat Soya Blend with Sugar at distribution site

### Child endearing over malnutrition

Thirteen-month-old Govinda Bohara, son of Mr. Ram Bahadur Bohora and Mrs. Tulasi Bohora is a permanent resident of Ghodaghodi Municipality-1, Kailali district, Sudurpaschim Province, Nepal. Both of his parents are differently-abled as Ram Bahadur has complete speech and partial hearing impairment while his wife has a speech impairment. Ram Bahadur works as a laborer in the local market while Tulashi is a housewife. Both the parents are illiterate and are deprived of services/facilities offered by the government for persons with disabilities.

Due to lack of nutritious food, Govinda has been affected with malnutrition and weighs 5 Kg at the age of thirteen months. Govinda at the time of birth was healthy but due to the lack of regular income of his parents, he was deprived of nutritious food and was confirmed with the case of Severe Acute Malnutrition (SAM) during last visit to the health center for final assessment.

For the mental and physical development of the child, health personnel have suggested regular intake of nutritious food and proper care. On October 5, 2021, Tulasi received 6 kg of Wheat Soya Blend (WSB+) from Sukkhad Health post-distribution center under Blanket Supplementary Feeding Program (BSFP) implemented by SEBAC-Nepal in support of WFP. Along with the WSB+, FCHVs have provided nutritional education to Tulasi enhancing her understanding and knowledge of optimal nutrition and feeding practices. A follow-up visit made by BSFP supervisors found that Govinda is regularly being fed with WSB+ and the gradual improvement in nutrition status is observed.

With the regular intake of Baal Vita-Micro nutrient provided by health posts and WSB+ provided by BSFP, the weight of Govinda was found to be increased by two kilograms. Tulasi expressed her happiness with the result and express her gratitude to FCHVs and BSFP for the support. She further commits to feed her children with locally available nutritious foods as suggested by FCHVs during nutritional



### **SCHOOL SANITIZATION PROGRAM**

**Duration:** December 2020 to February 2021

**Resource Partner:** UNESCO-UNFPA-UN Women Joint Program

**Beneficiary Population:** 9,222 population

**District Coverage:** Achham District (Mangalsen Municipality, Chaurpati Rural Municipality, and Sanfebagar

Municipality)

**Program Brief:** The objective of the program was to make a clean and disinfected environment for students to learn,

with the involvement of local government, education development and coordination unit, schools,

health institutions, and other stakeholders at the local level.



Project staff handover the sanitization and disinfection kits to school during the handover program at Sanfebagar

- A total of 16 schools were sanitized and disinfected to ensure a clean and disinfected environment in schools for smooth conduction of Class to Students in a site and hygienic school environment.
- 8,849 students of 16 schools were benefitted from infection free learning environment after the resume of schools during the first phase of the COVID-19 Pandemic.
- 373 individuals representing local government and school stakeholders enhanced their knowledge on COVID-19 through consultation meetings.



COVID-19 information disseminated through wall painting

### **RETS TRAINING ORGANIZATION SUPPORT**

**Duration:** September 2021 to November 2021 **Resource Partner:** German Development Cooperation (GIZ)

**Beneficiary Population:** 66 members representing local government

**District Coverage:** 10 rural/urban municipalities of Achham District and 9 rural/urban municipalities of Bajura district

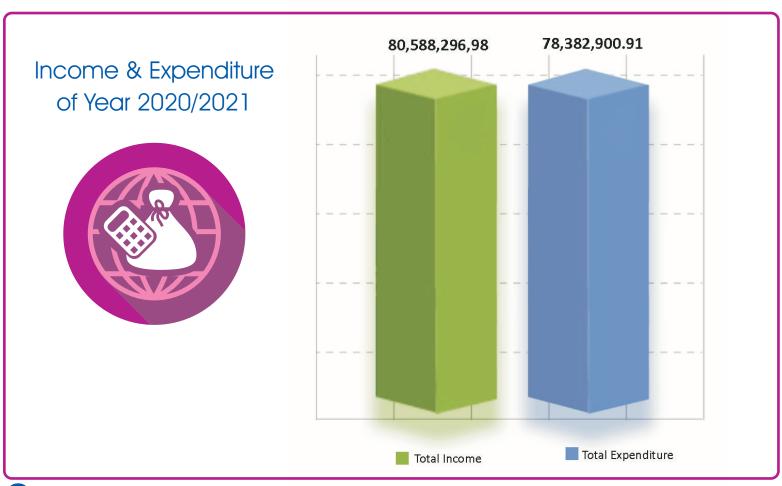
**Program Brief:** The main objective of the program was to increase the capacity of the people's representatives and employees at the local level of Achham and Bajura districts of the Sudurpaschim Province for the development, promotion, and implementation of renewable energy technologies.



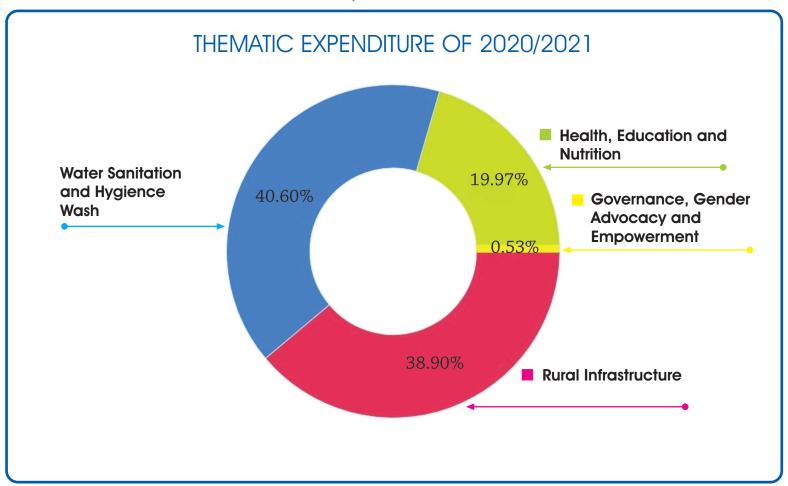
People's representatives and employees of the local government of Bajura district participating in the workshop

- Organized 2 events of RETs Training Organization Support to 19 Local Governments of Achham and Bajura districts.
- Coordinated with AEPC and GIZ for the successful Renewable Energy Technology Seminar.
- Evaluated the seminar and follow-up with LGs to collect interest and commitment of the local government for the second round of training and follow-up programs.
- Conducted grading of municipalities based on their capacity and commitment to utilize the fund on renewable energies.

### FINANCIAL PROGRESS SUMMARY OF YEAR 2020/21



### **THEMATIC EXPENDITURE IN 2020/2021**



### **PHOTO GALLERY**



Dalittole -Svargaltole Rural Road, Gunsakot, Sindhupalchow



Women washing clothes and fetching water in Jaljale DWSS Gaurishankar RM, Khare



Girls Fetching Water at Household Tap, Sindhupalchowk



Drinking Water Supply Scheme at Shree Kalika School, Kanchanpur



rrigation canal in Masuriyo VDC of Kailali District

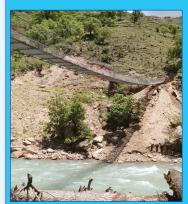


Vegetable Farming in Sunsari District

### **PHOTO GALLERY**



Project and Donor Team Interacting with Communities, Achham



Chuke Bridge, Karnal



Vegetabe farming after construction of DWSS in Bhimeshor municipality Kupr



Intake-Dhaule Paiyukharka DWSS, Sindhupalchwok"



Thulodhara Drinking Water Supply Scheme constructed at Kalinchowk-3, Dolakha



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Koteshwor, Kathmandu, Nepal Tel: 0977-01- 4601160, 4601161 E-mail: sebac@sebac.org.np URL: www.sebac.org.np